EPHESIANS

WEEK 11 – June 22 - 28

SMALL GROUP GUIDELINES:

SAFE GROUP: everyone can be real, open, and honest with their struggles and victories.

CONFIDENTIALITY: What is said in the group stays in the group.

LISTEN: really listening to what is being shared. Try to avoid thinking about how you are going to respond, or what you are going to say next.

PAUSE: Give the person sharing the chance to finish and the group the opportunity to consider what was just shared before responding.

NO "CROSS TALK": Be considerate of others as they are sharing. No side conversations.

NO FIXING: We are not here to fix each other. Jesus does that part. Give encouragement; speak truth, and point to Jesus.

NO RESCUING: When people are sharing something deeply personal resist the temptation to rescue them by giving advice. This will often cause them to stop sharing.

SHARING: Be sensitive about the amount of time you share.

BE SELF-AWARE: Be self-aware of how you are personally affecting the environment through your words, actions, and non-verbal communication.

USE "I" STATEMENTS: It's easy to talk about the issues of others, but for our purposes, we want you to put yourself on the table. Try to use "I" statements rather than "them", "the church", "us", "we", etc.

CONFLICT: When conflict or sin issues arise, we want to make sure that we are honoring God and each other in the way we deal with these issues.

Small Group Evening Schedule:

10min - Hangout time
10min - Welcome, Opening Prayer, Group Guidelines, Announcements
10min - Follow-up discussion about Sunday's Sermon
- What is one thing you learned? What challenged you?

40min - Storying through scripture:

As we continue our study of the book of Ephesians, we look today at putting off our old self and putting on our new self, which we have become in Christ.

READ: Ephesians 4:17-19

Describe our nature before Christ.

Discuss the relationship between our hearts, minds and actions.

READ: Ephesians 4:20-24

If Christ has made us new, why do we need to "put off" the old self?

When we fail to put off the old self, what truth helps us?

Describe the nature of our new self in Christ.

CHALLENGE: Find Rest in Christ by knowing the truth of who you are in Him.

10min - Share prayer requests & pray.

(one person write requests and email/text to the rest of the group)

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